

Sport smartwatch – XS8 Pro Ultra



User Manual

APP Download Method

Minimum platform requirements: Android 5.0, iOS 9.0, Bluetooth BT4.0 support.



Download method for Android:

Search for "Fit pro" in the Android Play Store to download the app or scan the QR code to download.

IOS download method:

Scan the QR code to download the APP; before using it for the first time, please make sure the watch has enough power. If the watch can't power on, please charge it first.

Connection mode:

Android: To connect the watch to an Android phone. Click "add device" to enter the APP and search for the bluetooth address of the 4.0 connection device. Then in the automatic pop-up window of 3.0 connection, click "ok", if that window does not appear, please go to phone settings, bluetooth, search for the device name and connect manually.

iOS: To connect in iOS cell phone to the watch. Click add device in the mobile APP to search for the bluetooth address of the 4.0 device and enter the setting menu on the phone to connect.

After the APP connects to the watch successfully, a guide page will appear. According to the guide page, enter the Bluetooth search pairing "Fit pro Bluetooth" once the connection is established, you can make/receive calls and play Bluetooth music.

Manual disconnect mode: if the device needs to be replaced, in the APP on the phone enter the cell phone settings menu, disconnect device, Bluetooth cancel the broadcast of this device to allow other devices to connect; Bluetooth 3.0 supports shared contacts audio multimedia and audio communication.

Using the watch

Dialing: When connected to Bluetooth 3.0, you can make a call by dialing the number. At that time, the phone will automatically dial and the phone can set the watch as the calling device.

Phonebook: Once the watch is successfully connected to the APP, you can add 50 frequently used contacts in the APP. Once the contact has been successfully added, the watch's address book will be synchronized. From the watch you can click on the contacts in the phonebook to make calls (The phone must be connected via Bluetooth).

Call log: Keeps a record of the calls made by the watch.

Information: Saves the information sent by the cell phone: you can view the last 8 messages sent.

Sport mode:

Records the distance traveled and calorie consumption in running mode 2.

2. Records the calorie consumption in jumping mode.

3. Pedaling distance and calorie consumption in pedaling mode.

4. Calorie consumption in swimming mode.

5. Climbing mode, walking record and calorie consumption.

Pedometer log: Displays step count, completion status, distance traveled and calories for the day.

Message reminder: Set the type of message the cell phone sends to the watch, such as: QQ, WeChat, Weibo, incoming calls and other information (requires the cell phone system has authorized the APP to access the notifications).

Alarm reminder: Set the alarm reminder time, after the setting is completed, it will be synchronized with the watch, the watch will have a vibration reminder, even if disconnected from the APP, the watch will save the APP settings to signal the reminder.

Sedentary reminder: Turn on the sedentary function, set the reminder duration and sedentary time interval. Once the setting is successful, it will be synchronized with the watch and the watch will send a reminder by vibration at the time of sedentary setting.

Remote timer: Being connected, you can take photos using the watch by entering the APP remote camera interface and take photos automatically after 3 seconds, authorize the APP to access the album and save the photos.

Sleep detection: When connected to the watch, you can set the detection time of the device's sleep detection, auxiliary sleep heart rate detection auxiliary switch and other detection functions.

Heart rate measurement: After selecting the heart rate, it will automatically measure and display the measured heart rate data. Once the measurement is finished, the data will be uploaded to the APP.

Automatic heart rate measurement: While the watch is connected, set the time point for automatic heart rate measurement. Once the setting is completed, it will be automatically synchronized with watch. During the process of using, the heart rate data will be automatically detected and transmitted to APP for saving.

Remarks: It is necessary for the wrist to have correct contact with the heart rate sensor.

Sleep detection: Use the watch to monitor sleep, the watch will record sleep duration, deep sleep, light sleep and awake time, you can view the details of your sleep data on the APP, and you can also set the sleep detection time range.

Sedentary reminder: the sedentary reminder period, effective time range and sedentary switch need to be set in the sedentary reminder through the APP.

Remote camera: You need to be connected to the APP, open the remote camera option and the camera will open, shake the watch to take a picture.

Flashlight: Turn on the flashlight function, the watch screen will become very bright.

Find cell phone: With the APP connected, enter the find cell phone function, long press the icon, the phone will be sent a reminder ringtone.

Vibration: Enable / disable the vibration reminder function of the watch.

Language setting: Can be set according to the language supported by the watch. Once the setting is completed, the device will automatically switch to the language you have set.

Synchronize system time: Manually synchronize the phone time with the clock display.

Factory Reset: Allows you to reset the device and erase saved data.

Raise hand to illuminate the screen: Set this function. When the watch is in the screen sleep state, you can raise your wrist and turn the screen towards you to light up the screen and lower it to turn off.

Device information: Displays the MAC serial number and version number of the device.

Brightness adjustment: Allows you to adjust the brightness of the watch display, you can choose from 5 brightness levels.

Alarm: Connected to the APP, you can add an alarm reminder via the APP and sync to the watch after the addition is completed, you can add up to 5 alarms.

Bluetooth Music: Can only be used when connected to Bluetooth 3.0 phone. You can control the play/pause of the music playing on the cell phone through the watch.

QR Code: Download the QR code from the APP of the device.

Personal information: Set your avatar, nickname, gender, age, height and weight, define a target number of steps to control the completion of daily step count.

Notes

- You should not wear the watch when bathing or swimming.
- Connect the watch when synchronizing data.
- Use the built-in charging cable for charging.
- Do not expose the watch to high humidity, extremely high or low temperatures for a long time.
- If the watch restarts unexpectedly. Please check the phone memory information to clear it and try again, or exit the APP and reopen it.

Watch maintenance

- Do not scratch the sensor, protect it from damage.
- Wipe the surface of the watch with a slightly damp cloth with mild soapy water to remove oil or dust.
- Do not expose the watch to strong chemical environments, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent. Chemicals may damage the sealing ability of the watch and the case surface.
- Avoid subjecting the watch to strong impacts and extreme exposure to high temperatures.
- When the lens and case are intact, the watch can tolerate liquid splashes. Violent disassembly will affect water resistance.